

200k	Greensboro –Troy – Seagrove – GSO			
	C-T = Control Total			0km start: 09/01 06:00
				Greensboro – Troy
Total	C-T	Turn	Go	on road
.0	.0	Left	.1	National Srv Rd
.1	.1	Left	.1	Thorndike Rd
.2	.2	Right	1.1	NC-68 S
1.3	1.3	Left	.9	Regency Dr
2.2	2.2	Left	2.2	Piedmont Pkwy
4.3	4.3	Right	4.4	Guilford College Rd
8.7	8.7	Straight	1.7	Vickery Chapel Rd
				Store on left
10.4	10.4	Left	.3	Kivett Dr
10.7	10.7	Right	1.4	Hickory Creek Rd
12.1	12.1	Right	1.3	Groometown Rd – NO Sign
			Do not miss NEXT turn	
13.4	13.4	Bear Left	1.0	Groometown Rd
	13.5	Cross		NC-62
		Continue		Groometown Rd
200k				
14.4	14.4	Continue	2.7	Muddy Creek Rd
17.1	17.1	Right	.8	Cedar Square Rd
		Cross 311 Bridge		– Go to Signal Light
17.8	17.8	Left at light	.3	US-311 S
18.2	18.2	Right	4.1	Edgar Rd
22.3	22.3	Right	1.4	Beeson Farm Rd
23.7	23.7	Left	1.7	Flint Hill Rd
25.4	25.4	Continue	3.3	Caraway Mountain Rd
			After climb	
			Store on left – opens at 8am	
			Water facet (24 hours) on far side of building	

200k				
28.7	28.7	Continue	.5	Caraway Mountain Rd
29.2	29.2	Bear Left	.2	Old Lexington Rd
29.4	29.4	Right	2.1	Back Creek Rd
31.5	31.5	Straight	.8	Back Creek Church Rd – cross US-64
32.3	32.3	Left	.6	Stutts Rd
32.9	32.9	Right	1.7	Cable Creek Rd
34.6	34.6	Left	.5	Old State Hwy 49
35.1	35.1	Right	.7	Union Church Rd – Store open 8am
35.8	35.8	Straight	1.4	Tot Hill Farm Rd – cross NC-49
37.2	37.2	Left	3.2	Hopewell Friends Rd – (Pilots View to Right)
40.4	40.4	Right	5.5	Pisgah Covered Bridge Rd
45.9	45.9	Straight	2.2	Pisgah Rd – Do not turn Right
48.1	48.1	Left	.9	Cox Mill Rd
49.0	49.0	Right	11.6	NC-134 – to Troy – busy during daytime
60.6	60.6	Left		Store – Troy
				Quik Chek 6am – 11pm
		into		98km open: 09/01 08:53
		Control		(61mi) close: 09/01 12:32
200k				Troy – Seagrove
Total	C-T	Turn	Go	on road
		Go Back the way you came from		
60.6	.0	Right	1.5	S Main St
62.1	1.5	Bear Right	8.8	Okeewemee Rd
70.9	10.3	Left	2.9	Ether Rd
73.8	13.2	Continue	1.3	Old Troy Rd
75.1	14.5	Right	1.9	Little River Rd
77.0	16.4	Left		Control – Seagrove
			open 24 hours	
		into		124km open: 09/01 09:39
		Control		(77mi) close: 09/01 14:16

				Seagrove – Greensboro
200k				6
Total	C-T	Turn	Go	on road
77.0	.0	Left	.4	Little River Rd
77.4	.4	Left	.3	Waymon
77.7	.7	Right	.1	King
77.8	.8	Left	.3	Walker
78.1	1.1	Right	.1	Garner
78.2	1.2	Left	2.0	Old Plank / Seagrove Plank Rd
80.2	3.2	Right	.2	Old State Hwy 13
80.4	3.4	Left	3.0	Happy Hollow Rd
83.4	6.4	Left	.4	NC-159 / Zoo Parkway
83.8	6.8	Right	1.0	US-220 Alt N
84.8	7.8	Left	.2	US-220 Bus
85.0	8.0	Continue	1.2	Dawson Miller
86.2	9.2	Left	.2	Pisgah Covered Bridge
86.4	9.4	Right	3.2	Hopewell Friends Rd
89.6	12.6	Right	1.4	Tot Hill Farm Rd
91.0	14.0	Continue	.7	Union Church Rd
				Store on Left
91.7	14.7	Left	.5	Old State Hwy 49
92.2	15.2	Right	1.6	Cable Creek Rd
93.8	16.8	Left	.6	Stutts Rd
94.4	17.4	Right	2.9	Back Creek Church Rd
97.3	20.3	Left	.2	Old Lexington Rd
97.5	20.5	Right	.5	Caraway Mountain Rd
98.0	21.0	Right	2.8	Old Country Farm Rd
			Water facet (24 hours) on far side of building	

200k				7
100.8	23.8	Left	3.3	Plainfield Rd
104.1	27.1	Right	.1	US-311
104.2	27.2	Left	.9	Island Ford Rd
105.1	28.1	Left	.7	Commonwealth Rd
105.8	28.8	Left	.4	Walker Mill Rd
106.2	29.2	Right	.8	Wall Brothers Rd
107.0	30.0	Left	.0	Earl Johnson Rd
107.0	30.0	Right	2.4	Branson Davis Rd
109.4	32.4	Left	1.4	Davis Country Rd
110.8	33.8	Straight	2.3	Harlow Rd
113.1	36.0	Right	.4	Muddy Creek Rd
113.5	36.5	Continue	.9	Groometown Rd
114.4	37.4	Cross NC-62	.1	Groometown Rd
114.5	37.5	Bear Right	1.3	Groometown Rd
200k				
115.8	38.8	Left	1.4	Hickory Creek – NO Sign
117.2	40.1	Left	.3	Kivett Dr
117.5	40.4	Right	1.7	Vickery Chapel Rd
119.2	42.1	Straight	4.4	Guilford College Rd
123.6	46.5	Left	2.1	Piedmont Pkwy
125.7	48.6	Bear Right	.8	Regency Dr
126.5	49.4	Right	1.1	NC-68 S
127.6	50.5	Left	.1	Thorndike Rd
127.7	50.6	Right	.1	National Srv Rd
127.8	50.7	Right		Best Western Control
		into		206km open: 09/01 11:53
		Control		(128mi) close: 09/01 19:30
	To Report DNF and travel intentions to finish:			
	call 980.224.3747 - Tony Goodnight			
	For Emergenies use 911 type services			
	This event has no official Sag Support			