

400k	Greensboro – Salem Fork – GSO – Troy – Seagrove			
				0km start: 07/04 06:00
	C-T = Control Total			
400k				1
Total	C-T	Turn	Go	on road
				Greensboro – Salem Fork
.0	.0	Right	1.5	National Srv Rd
1.5	1.5	Right	.6	Tyner Rd
2.1	2.1	Right	1.1	Sandy Ridge Rd
3.3	3.3	Left	3.4	W Market St / E Mountain St
	6.7	Traffic Circle		– exit half way thru
6.7	6.7	Right out TC	.1	E Mountain St
6.8	6.8	Bear Right	4.2	E Mountain then W Mountain
			also	E Mtn or W Mtn
	7.5	Straight		E Mountain / E Mtn – leave NC-66
	8.9	Straight		NC-66 / W Mountain / W Mtn
11.0	11.0	Right	11.4	NC-66 N / Old Hollow Rd
22.3	22.3	Right	4.3	NC-66 N / University Pkwy
26.6	26.6	Slight Left	.3	State Rd 1807 – Do not follow NC-66
26.9	26.9	Left	1.5	Tuttle Rd
28.4	28.4	Right	1.4	Jefferson Church Rd
29.8	29.8	Straight	1.0	Ingram Dr
		Cross Main St		– Stores to Left on Main St

400k				2
30.9	30.9	Left	1.1	Meadowbrook Dr
31.9	31.9	Right	.8	Calloway Rd – at store
32.8	32.8	Left	3.4	Trinity Church Rd
36.1	36.1	Right	1.6	Perch Rd
37.7	37.7	Left	2.7	Stony Ridge Rd – No Sign
				Pioneer Village Camp Ground – sign
40.4	40.4	Right	.7	Shoals Rd
41.1	41.1	Left	7.6	Quaker Church Rd – No Sign – 2080 on post
48.6	48.6	Straight	.6	Eldora Rd – cross NC-268
49.2	49.2	Left	1.8	Nurse Rd
51.0	51.0	Left	1.3	Rock Hill Church Rd – NO Sign –
				Don't go Straight at Stop Sign
52.4	52.4	Right	.4	Siloam Rd
52.7	52.7	Left	4.9	Turkey Ford Rd
57.6	57.6	Continue	1.1	E Atkins St – cross US-601
58.7	58.7	Right	.1	N Main St
58.8	58.8	Left	.6	W Kapp St
59.4	59.4	Continue	3.2	Zephyr Rd
62.6	62.6	Left		Store – Salem Fork
				Dairy Queen – on Left – best selection
				Store on Right open 24 hours
		into		101km open: 07/04 08:58
		Control		(63mi) close: 07/04 12:44

				Salem Fork – Greensboro
400k				3
Total	C-T	Turn	Go	on road
		Go back the direction you came from		
62.6	0.0	Right	3.2	Zephyr Rd – towards Dobson
65.8	3.2	Continue	.7	W Kapp St
66.5	3.9	Right	.1	Main St
66.6	4.0	Left	1.0	E Atkins S
67.6	5.0	Continue	4.9	Turkey Ford Rd
72.5	9.9	Right	.4	Siloam Rd
72.9	10.3	Left	1.3	Rock Hill Church Rd
74.2	11.6	Right	1.8	Nurse Rd – NO Sign
76.0	13.4	Right	.6	Eldora Rd
76.6	14.0	Straight	7.6	Quaker Church – NO Sign – cross NC-268
84.1	21.5	Right	.7	Shoals Rd – NO Sign
84.8	22.2	Left	2.7	Stony Ridge Rd
87.5	24.9	Right	1.6	Perch Rd
89.1	26.5	Left	3.4	Trinity Church Rd
92.5	29.9	Right	.8	Calloway Rd
93.3	30.7	Left	1.1	Meadowbrook Dr
94.4	31.8	Right	1.0	Ingram D
		Cross Main St		– Stores off course to right
400k				
95.4	32.8	Straight	1.4	Jefferson Church Rd
96.8	34.2	Left	1.5	Tuttle Rd
98.3	35.7	Right	.3	State Rd 1807 – Old US 52
98.6	36.0	Continue	4.3	NC-66 S / Broad St
102.8	40.2	Left	11.4	NC-66 N / Old Hollow Rd – Caution busy
	49.1	cross US-158		– Store on Right – open 24 hours
114.2	51.6	Left	4.2	W Mountain St
118.4	55.8	Left	.2	E Mountain St
		Traffic Circle		– exit half way thru
118.6	56.0	Right out TC	3.5	E Mountain St / W Market St
122.1	59.5	Right	1.1	Sandy Ridge Rd
123.3	60.7	Left	.6	Tyner Rd
123.9	61.3	Left	1.5	National Srv Rd
125.4	62.8	Left		Best Western Control
		into		202km open: 07/04 11:57
		Control		(125mi) close: 07/04 19:28

				4
				Greensboro – Troy
Total	C-T	Turn	Go	on road
125.4	.0	Left	.1	National Srv Rd
125.5	.1	Left	.1	Thorndike Rd
125.6	.2	Right	1.1	NC-68 S
126.7	1.3	Left	.9	Regency Dr
127.5	2.2	Left	2.2	Piedmont Pkwy
129.7	4.3	Right	4.4	Guilford College Rd
134.1	8.7	Straight	1.7	Vickery Chapel Rd
				Store on left
135.8	10.4	Left	.3	Kivett Dr
136.1	10.7	Right	1.4	Hickory Creek Rd
137.4	12.1	Right	1.3	Groometown Rd – NO Sign
			Do not miss NEXT turn	
138.7	13.4	Bear Left	1.0	Groometown Rd
	13.5	Cross		NC-62
		Continue		Groometown Rd
400k				
139.7	14.4	Continue	2.7	Muddy Creek Rd
142.4	17.1	Right	.8	Cedar Square Rd
		Cross 311 Bridge		– Go to Signal Light
143.2	17.8	Left at light	.3	US-311 S
143.5	18.2	Right	4.1	Edgar Rd
147.6	22.3	Right	1.4	Beeson Farm Rd
149.1	23.7	Left	1.7	Flint Hill Rd
150.8	25.4	Continue	3.3	Caraway Mountain Rd
			After climb	
			Store on left – opens at 8am	
			Water facet (24 hours) on far side of building	

400k				5
154.1	28.7	Continue	.5	Caraway Mountain Rd
154.6	29.2	Bear Left	.2	Old Lexington Rd
154.8	29.4	Right	2.1	Back Creek Rd
156.9	31.5	Straight	.8	Back Creek Church Rd – cross US-64
157.7	32.3	Left	.6	Stutts Rd
158.3	32.9	Right	1.7	Cable Creek Rd
160.0	34.6	Left	.5	Old State Hwy 49
160.5	35.1	Right	.7	Union Church Rd – Store open 8am
161.2	35.8	Straight	1.4	Tot Hill Farm Rd – cross NC-49
162.6	37.2	Left	3.2	Hopewell Friends Rd – (Pilots View to Right)
165.8	40.4	Right	5.5	Pisgah Covered Bridge Rd
171.3	45.9	Straight	2.2	Pisgah Rd – Do not turn Right
173.5	48.1	Left	.9	Cox Mill Rd
174.4	49.0	Right	11.6	NC-134 – to Troy – busy during daytime
186.0	60.6	Left		Store – Troy
				Quik Chek 6am – 11pm
		into		300km open: 07/04 15:00
		Control		(186mi) close: 07/05 02:00
400k				Troy – Seagrove
Total	C-T	Turn	Go	on road
		Go Back the way you came from		
186.0	.0	Right	1.5	S Main St
187.5	1.5	Bear Right	8.8	Okeewemee Rd
196.3	10.3	Left	2.5	Ether Rd
		Start Detour		
198.8	12.8	Right	3.5	Black Ankle
202.3	16.3	Left	3.7	US 220 / Alt N
206.0	20.0	Left	.7	NC-705 / Main St
		End Detour		
206.7	20.7	Right		Control – Seagrove
			open 24 hours	
		into		333km open: 07/04 16:02
		Control		(207mi) close: 07/05 04:12

				Seagrove – Greensboro
		Go back the direction you came from		
400k				6
Total	C-T	Turn	Go	on road
206.7	.0	Left	.4	Little River Rd
207.1	.4	Left	.3	Waymon
207.4	.7	Right	.1	King
207.5	.8	Left	.3	Walker
207.8	1.1	Right	.1	Garner
207.9	1.2	Left	2.0	Old Plank / Seagrove Plank Rd
209.9	3.2	Right	.2	Old State Hwy 13
210.1	3.4	Left	3.0	Happy Hollow Rd
213.1	6.4	Left	.4	NC-159 / Zoo Parkway
213.5	6.8	Right	1.0	US-220 Alt N
214.5	7.8	Left	.2	US-220 Bus
214.7	8.0	Continue	1.2	Dawson Miller
215.9	9.2	Left	.2	Pisgah Covered Bridge
216.1	9.4	Right	3.2	Hopewell Friends Rd
219.3	12.6	Right	1.4	Tot Hill Farm Rd
220.7	14.0	Continue	.7	Union Church Rd
				Store on Left
221.4	14.7	Left	.5	Old State Hwy 49
221.9	15.2	Right	1.6	Cable Creek Rd
223.5	16.8	Left	.6	Stutts Rd
224.1	17.4	Right	2.9	Back Creek Church Rd
227.0	20.3	Left	.2	Old Lexington Rd
227.2	20.5	Right	.5	Caraway Mountain Rd
227.7	21.0	Right	2.8	Old Country Farm Rd
			Water facet (24 hours) on far side of building	

400k				7
230.5	23.8	Left	3.3	Plainfield Rd
233.8	27.1	Right	.1	US-311
233.9	27.2	Left	.9	Island Ford Rd
234.8	28.1	Left	.7	Commonwealth Rd
235.5	28.8	Left	.4	Walker Mill Rd
235.9	29.2	Right	.8	Wall Brothers Rd
236.7	30.0	Left	.0	Earl Johnson Rd
236.7	30.0	Right	2.4	Branson Davis Rd
239.1	32.4	Left	1.4	Davis Country Rd
240.5	33.8	Straight	2.3	Harlow Rd
242.8	36.0	Right	.4	Muddy Creek Rd
243.2	36.5	Continue	.9	Groometown Rd
244.1	37.4	Cross NC-62	.1	Groometown Rd
244.2	37.5	Bear Right	1.3	Groometown Rd
400k				
245.5	38.8	Left	1.4	Hickory Creek – NO Sign
246.8	40.1	Left	.3	Kivett Dr
247.1	40.4	Right	1.7	Vickery Chapel Rd
248.9	42.1	Straight	4.4	Guilford College Rd
253.3	46.5	Left	2.1	Piedmont Pkwy
255.4	48.6	Bear Right	.8	Regency Dr
256.2	49.4	Right	1.1	NC-68 S
257.2	50.5	Left	.1	Thorndike Rd
257.3	50.6	Right	.1	National Srv Rd
257.4	50.7	Right		Best Western Control
		into		414km open: 07/04 18:08
		Control		(257mi) close: 07/05 09:00
	To Report DNF and travel intentions to finish:			
	call 980.224.3747 - Tony Goodnight			
	For Emergenies use 911 type services			
	This event has no official Sag Support			