

400k	Mars Hill – Shady Valley – Bristol – Johnson City – Newport			
				0km start: 05/30 05:00
	C-T = Control Total			
400k				Woodfin – Marshall
Total	C-T	Turn	Go	on road
.0	.0	Left	.3	Rumbough Pl
.3	.3	Right	1.0	Patton Ave
1.3	1.3	Left	.5	NC-63
1.8	1.8	Right	.2	Oak Hill Dr
2.0	2.0	Right	.2	Oak Hill Dr
2.2	2.2	Left	.2	Hazel Mill
2.4	2.4	Bear Left	.5	Emma
2.9	2.9	Bear Right	1.9	Gorman Bridge
4.8	4.8	Right	.6	SR-1002 / Old Leicester Hwy
5.4	5.4	Left	14.6	NC-251 N / Riverside Dr
20.0	20.0	Left	2.4	US-70 BUS W/S Main St
22.4	22.4	Left	.0	Bailey's Branch
22.4	22.4	Right		Store – Marshall – ZUMA Coffee
		into		36km open: 05/30 06:04
		Control		(22mi) close: 05/30 07:24

400k				Marshall – Hampton TN
Total	C-T	Turn	Go	on road
		Go back the way you came from		
22.4	.0	Right	.9	S Main St
23.3	.9	Left	1.4	Hayes Run / State Rd 1198
24.7	2.3	Continue	3.4	NC-213 E
28.1	5.7	Left	3.9	Petersburg / SR-1370 / Grapevine
32.0	9.6	Right	.3	State Rd 1370 / Grapevine Rd
32.3	9.9	Continue	1.3	State Rd 1370 / Grapevine Rd
33.6	11.2	Left	3.5	State Rd 1370 / Grapevine Rd
37.1	14.7	Right	4.1	Big Laurel Rd
41.2	18.8	Left	2.7	Mountain Spring / Flag Pond / Old Asheville
43.9	21.5	Continue	12.7	Flag Pond Rd / Old Asheville Hwy
	21.7			Entering Tennessee
56.6	34.2	Continue	1.1	TN-36 N / US-19W N
57.7	35.3	Continue	3.8	TN-36 N / Temple Hill
61.5	39.1	Right	.5	Jackson Love Hwy
62.0	39.6	Slight Left	1.6	Carolina Ave
63.6	41.2	Left	.3	Love St
63.9	41.5	Right	3.8	TN-107 / Main St
		Stores on Main / TN-107 N		
	43.3			Store – Erwin TN – Harris Hollow Rd
67.7	43.3	Continue	1.6	N-107 E / N Main Ave
69.3	44.9	Right	.7	TN-107 E
70.0	45.6	Left	5.9	Scioto Rd
75.9	51.5	Right	2.5	TN-361 E / Dry Creek Rd
78.4	54.0	Right	2.2	TN-361 E / Gap Creek Rd
80.6	56.2	Left	1.9	Rittertown
82.5	58.1	Left	.2	TN-37 N / US-19E N / State Line Rd
82.7	58.3	Right		Subway on Right
		into		133km open: 05/30 08:55
		Control		(83mi) close: 05/30 13:52

400k				Hampton TN – Damascus VA
Total	C-T	Turn	Go	on road
82.7	.0	Left	1.8	TN-37 N / US-19E N / State Line Rd
		After Subway, Lots of glass on shoulder		
		Next turn is easy to miss		
		Siam Rd is across from Valley Forge Church		
		You can barely see the next bridge that crosses a river		
84.5	1.8	Right	3.8	Siam RD – NO SIGN
88.3	5.6	Right	.6	Horsehoe Dam Rd / Wilbur Dam Rd
88.9	6.2	Left	.2	Wilbur Dam Rd – cross new bridge
89.1	6.4	Continue	.8	Steel Bridge Rd
89.9	7.2	Continue	.9	Blue Springs Rd
		Do not turn right on Blue Springs		
90.8	8.1	Right	18.8	TN-91 N
		Cross US-421 / TN-34		
		Caution – Glass mixed in with sand at entrances		
109.6	26.9			Store – Shady Valley
109.6	26.9	Continue	13.3	TN-133 N / Shady Valley Ave
122.9	40.2	Right	.3	Laurel Ave / 3 rd St
123.2	40.5	Right	.3	Douglas / 58E / 91 S
123.5	40.8	Right		Pork Belly's Southern Cafe
		into		199km open: 05/30 10:51
		Control		(124mi) close: 05/30 18:16
400k				Damascus VA – Bluff City TN
Total	C-T	Turn	Go	on road
		Go back the way you came from		
123.5	.0	Left	.3	Douglas
123.8	.3	Left	.3	Laurel Ave / 3 rd St
124.1	.6	Left	13.3	TN-133 S / Shady Valley Ave
137.4	13.9	Continue	21.3	TN-91 S
158.7	35.2	Right	2.0	Minton Hollow
160.7	37.2	Continue	.5	Keensburg - crossover 4 lanes
161.2	37.7	Left	.1	OA Fair Cir - NO SIGN - pass church on left
161.3	37.8	Continue	3.4	US-19E Scn
164.7	41.2	Continue	2.0	Elizabethton Hwy / 19 E N / 4 lanes
166.7	43.2	Left	.1	TN-37 N / US-19E N
166.8	43.3	Right		Store - Shell
		into		268km open: 05/30 13:00
		Control		(167mi) close: 05/30 22:52

400k				Bluff City TN – Mars Hill NC
Total	C-T	Turn	Go	on road
166.8	.0	Right	.1	TN-37 N / US-19E N
166.9	.1	Left	2.2	Mt View Dr / Mountain View Dr
169.1	2.3	Curve Right	.1	Tank Hill Rd
169.2	2.4	Left	.3	Main St
169.5	2.7	Left	3.8	Piney Flats Rd
173.3	6.5	Right	2.8	W 4th Ave / Watauga Rd
176.1	9.3	Continue	2.7	Unaka Ave
178.8	12.0	Continue	.2	Winter St
179.0	12.2	Left	.1	Lamont St
179.1	12.3	Right	.3	W Watauga Ave
	Several Food stores nearby			
179.4	12.6	Right	.6	W Walnut
180.0	13.2	Left	.3	Gilbreath
180.3	13.5	Right	1.0	J L Seehorn Jr
181.3	14.5	Left	.7	Greenwood Dr
182.0	15.2	Left	1.5	Lone Oak
183.5	16.7	Left	8.6	Dry Creek
192.1	25.3	Left	1.9	Arnold
194.0	27.2	Left	4.4	TN-107 / TN-81
	Huddle House in Erwin before Main St			
198.4	31.6	Right	.3	Main St
198.7	31.9	Left	.3	Love St
199.0	32.2	Right	1.6	Carolina Ave
200.6	33.8	Right	.5	Jackson Love Hwy
201.1	34.3	Left	4.9	TN-36 S / Temple Hill Rd / before I-26
206.0	39.2	Continue	4.9	TN-352
210.9	44.1	Bear Left	7.6	Old Asheville Hwy
218.5	51.7	Continue	3.2	Flag Pond Rd Entering North Carolina
221.7	54.9	Continue	7.6	US-23 Alt S
		Cross		US-19
229.3	62.5	Straight	.8	Crossroads Pkwy
230.1	63.3	Left	1.4	Calvin Edney / NC-1549 / NC-1605
231.5	64.7	Right	.4	NC-213 W
231.9	65.1	Right		Store –Waffle House or store Mars Hill
		into		373km open: 05/30 16:17
		Control		(232mi) close: 05/31 05:52
	BP / Subway / Little Ceasars			

400k				Mars Hill – Asheville
Total	C-T	Turn	Go	on road
231.9	.0	Left	.4	NC-213 W
232.3	.4	Right	1.0	Calvin Edney / NC-1605 / Old Mars Hill Hwy
233.3	1.4	Left	1.0	NC-1610 / Old Mars Hill Hwy – No sign
234.3	2.4	Continue	.6	Stockton Rd
234.9	3.0	Right	.2	Stockton Rd - @ BP Gas Station
235.1	3.2	Left	3.1	Old Mars Hill Hwy - across from Exxon
238.2	6.3	Stay Right	1.1	Mars Hill Hwy
239.3	7.4	Continue	1.3	N Buncombe School Rd
240.6	8.7	Soft Left	1.0	US-19 BUS S/N Main St - towards Handy Mart
241.6	9.7	Right	4.2	US-19 BUS S/Merrimon Ave
245.8	13.9	Continue	.3	Weaverville Rd
246.1	14.2	Right	.3	Woodfin Ave / after BP / easy to miss
246.4	14.5	Continue	.4	Brookdale
246.8	14.9	Right	.2	Elk Mountain
247.0	15.1	Left	.0	Green Oak
247.0	15.1	Left	.4	Woodfin Ave
247.4	15.5	Right	1.3	NC-251 N / Riverside Dr
248.7	16.8	Left	.2	SR-1002 / Old Leicester Hwy
248.9	17.0	Stay Left	.4	Old Leicester Hwy
249.3	17.4	Left	.8	Gorman Bridge
250.1	18.2	Right	1.1	Gorman Bridge - easy to miss!
251.2	19.3	Left	.5	Emma @ T
251.7	19.8	Right	.2	Hazel Mill
251.9	20.0	Right	.2	Oak Hill Dr
252.1	20.2	Left	.2	Oak Hill Dr
252.3	20.4	Left	.5	NC-63
252.8	20.9	Right	1.0	US-19 / US-23
253.8	21.9	Left	.4	Rumbough Pl – across from Papa Johns
254.2	22.3	Right	.1	Rumbough Pl
254.3	22.4	Left	.1	Baker Pl
254.4	22.5			Asheville
		into		409km open: 05/30 17:08
		Control		(254mi) close: 05/31 08:00
	To Report DNF and travel intentions to finish:			
	call 980.224.3747 - Tony Goodnight			
	For Emergencies use 911 type services			
	This event has no official Sag Support			